

THE Vibrant Pregnancy

- A Homeopathic Guide -

BOOK EXCERPT

Pulsatilla

Pulsatilla is a remedy that comes up frequently during pregnancy. It has a special affinity for the female reproductive organs and hormonal system. Pulsatilla is a state which creates feelings of uncertainty and a gradual understanding that there is level of commitment needed to create and give birth to a baby.

During labour, Pulsatilla women often take a few days of false labour before committing to engaging in the contractions and allowing the process of birth to happen. The dilemma for a Pulsatilla woman is facing the challenge of engaging or escaping. Once that decision has been made she will work smoothly through labour.

Fears

The central fear for women in a Pulsatilla state is being abandoned. This fear may be aggravated by the following situations:

- Her husband at work when she needs him
- Her midwife going on vacation or even off call
- Her mother unable to be by her side
- Impending separation of her other children when she has to go to the hospital.

In order to ensure that she feels cared for a Pulsatilla woman will be soft and accommodating to the suggestions of others and suppress her own feelings and desires in order to be liked and supported.

Fear that the baby will be harmed in some manner during the birth – feels generally unwilling to take responsibility for making her own choices, usually prefers to ask the opinions of others and follow their guidance.

This is a big part of the reason she needs all those other people to be present – should she need advice or guidance. There is a lot of uncertainty in a Pulsatilla state.